

B-Complex SAP

Science-based B vitamins: enzyme forms of B₂ and B₆ in vegetable capsules*

B-Complex SAP is a sophisticated combination of essential B vitamins, designed to increase energy production and support cardiovascular health.* B vitamins are water-based coenzymes that assist the process of energy production throughout the entire body and help maintain healthy skin, hair, eyes, liver, mouth, muscle tone, and gastrointestinal tract.* They are called B-complex because they complement each other and are only found in food or living tissues as a group.* Most importantly, B vitamins work together to promote healthy stress levels and the proper functioning of the nervous system.*

SUPPLEMENT FACTS

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Thiamin (from 50 mg thiamin hydrochloride)	39.3 mg	3,278%
Riboflavin (from 25 mg riboflavin-5'-phosphate sodium)	18.8 mg	1,442%
Niacin (from 75 mg of inositol hexanicotinate, flush-free)	68.2 mg NE	426%
Vitamin B6 (from 50 mg pyridoxine hydrochloride)	41.1 mg	2,420%
Vitamin B6 (from 10 mg pyridoxal-5'-phosphate)	6.8 mg	403%
Folate (from calcium L-5-methyltetrahydrofolate)	833.3 mcg DFE	208%
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%
Biotin	200 mcg	667%
Pantothenic acid (from 100 mg of calcium D-pantothenate)	91.6 mg	1,832%

Other ingredients: Microcrystalline cellulose, vegetable hypromellose, purified water, vegetable magnesium stearate, and silicon dioxide.

This product is non-GMO and vegan friendly.

Contains no: Gluten, soy, wheat, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, sugar, or starch.

B-Complex SAP contains 60 vegetable capsules per bottle.

DIRECTIONS FOR USE

Adults: Take 1 capsule daily with a glass of water or juice, or as directed by your healthcare practitioner.

This product is very sensitive to heat and humidity. Store in a cool and dry place. Do not remove silica pack. Ensure lid is closed properly after each use.

INDICATION

Supplementing one **B-Complex SAP** capsule daily provides a total hypoallergenic formula that employs the synergistic action of all the B vitamins. The B vitamins often work together to deliver a number of health benefits to the body. Together, they also help combat the symptoms and causes of stress, depression, and cardiovascular disease. B vitamins have been shown to:

- Support metabolism.
- Maintain healthy skin and muscle tone.
- Enhance immune and nervous system function.
- Promote cell growth and division—including that of the red blood cells that help prevent anemia.

FEATURES

- **B-Complex SAP** supplies a compatible and complementary blend of B vitamins to enhance DNA methylation, inhibit glycosylation, suppress apolipoprotein serum levels, protect against thrombosis, and maintain microcapillary circulation.
- **B-Complex SAP** contains enzyme forms of vitamins B₂ (riboflavin-5'-phosphate) and B₆ (pyridoxal-5'-phosphate), which are assimilated directly into the bloodstream without having to be processed by the liver.

PURITY, CLEANLINESS, AND STABILITY

All ingredients listed for all **B-Complex SAP** lot numbers have been tested by a third-party laboratory for identity, potency, and purity.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Scientific Advisory Panel (SAP):
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to achieve optimum health



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